



Notre Ecole Lunch Menu

April 2024

*All menu items are subject to change.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Sandwich Option

Monday - Turkey + Cheddar on a W.G. Bun
29 carbs/ 17 protein

Tuesday - Turkey Ham+ Swiss on a W.G. Bun
29 carbs/ 19 protein

Wednesday - Turkey Cold Cut Sub on a W.G. Bun
29 carbs/ 18 protein

Thursday - Turkey Ham + Cheddar on a W.G. Bun
29 carbs/ 19 protein

Friday - Turkey + Swiss on a W.G. Bun
29 carbs/ 17 protein

***All sandwiches served With fruit & vegetable of the day.**

Salad Options

Monday - Chef Salad
18 carbs/ 16 protein

Tuesday - Beef Taco Salad
17.5 carbs/ 22 protein

Wednesday - Southwest Chicken Salad
34 carbs/ 15 protein

Thursday - Chicken Caesar Salad
18 carbs/ 16 protein

Friday - Beef Taco Salad
17.5 carbs/ 22 protein

*** All salads served with breadstick and fruit of the day.**

Closed	Cheese Burger on a W.G. Bun 2 Cowboy Beans Pickle Spear Fresh Orange Sun Chips Milk Veg - vegetable patty on a w.g. bun	Chicken in a Cheese Sauce 3 with W.G. Penne Pasta Mixed Green Salad with French Dressing Salad Topping Sliced Pears W.G. Garlic Bread Stick Milk Veg - pasta marinara	Salisbury Steak in a Beef Gravy 4 Mashed Potatoes Fresh Broccoli Banana Slice of W.G. Bread Milk Veg - brown rice + beans	Sweet and Sour Chicken 5 Brown Rice Sliced Zucchini Sliced Peaches W.G. Blueberry Bread Milk Veg - vegetable rice soup
Sloppy Joe on a W.G. Burger Bun 8 Baby Carrots Red Apple Sun Chips Milk Veg - vegetable patty on a w.g. bun	Sliced Chicken Alfredo 9 with W.G. Penne Pasta Mixed Green Salad with French Dressing Salad Topping Red Grapes W.G. Garlic Bread Stick Milk Veg - pasta marinara	Closed	Chicken Wild Rice Hot Dish 11 Fresh Broccoli Pineapple Chunks Slice of W.G. Bread Milk Veg - vegetable rice soup	W.G. Soft Beef Taco x2 12 Lettuce + Cheese Seasoned Black Beans Carrots + Celery Fresh Orange Tortilla Chips + Salsa Milk Veg - bean taco
W.G. Chicken Patty 15 on a W.G. Burger Bun Cowboy Beans Baby Carrots Pineapple Chunks Milk Veg - cheese sandwich	Meatloaf Baked in a Tomato Beef Gravy 16 Mashed Potatoes Sliced Zucchini Banana Slice of W.G. Bread Milk Veg - brown rice + beans	W.G. Lasagna Roll with Meat Sauce + Cheese 17 Mixed Green Salad with Creamy Italian Dressing Salad Topping Sliced Peaches W.G. Garlic Bread Stick Milk Veg - pasta marinara	Chicken Breast on a W.G. Burger Bun 18 Slice of White Cheese Seasoned Corn Red Apple Sun Chips Milk Veg - vegetable patty on a w.g. bun	Orange Chicken 19 Brown Rice Fresh Broccoli Sliced Pears W.G. Banana Bread Milk Veg - brown rice with cheese
BBQ Chicken on a W.G. Burger Bun 22 Creamy Pasta Salad Baby Carrots Red Apple Milk Veg - veg patty on a w.g. bun	W.G. Cheese Pizza 23 Mixed Green Salad with Creamy Italian Dressing Salad Topping Sliced Pears W.G. Garlic Bread Stick Milk Veg - pasta marinara	Sliced Chicken in a Chicken Gravy 24 Mashed Potatoes Grape Tomatoes Banana Slice of W.G. Bread Milk Veg - brown rice + beans	Italian Meatballs with Shredded Cheese 25 W.G. Coney Bun Sliced Cucumbers Sliced Peaches Sun Chips Milk Veg - italian beans on w.g. bread	Closed
W.G. Chicken Nuggets 29 Baby Carrots Pineapple Chunks Sun Chips Milk Veg - cheese sandwich	Beef Stroganoff with W.G. Penne Pasta 30 Mixed Green Salad with French Dressing Salad Topping Banana Slice of W.G. Bread Milk Veg - pasta marinara			